LESSON PLAN

JESUS IS TEMPTED

SERIES: Suit Up - Sword of the Spirit
THE POINT: My Sword is the Word of God
BIBLE STORY: Jesus is Tempted || Luke 4:1-13
AGE: Grade 3 - Grade 6

ABOUT THIS LESSON

In the final week of the "SUIT UP" series, children explore the Sword of the Spirit, which is the Word of God. Unlike the other pieces of armour that protect us, the sword is used to actively defend against lies, temptation and wrong choices. Through the story of Jesus being tempted in the wilderness, children will learn that Jesus resisted the devil by using Scripture. This lesson helps children understand the power of knowing God's Word and using it to stand strong when facing temptation or difficult situations.

LEARNING OUTCOMES

By the end of this lesson, students will:

- Learn, understand and retell the story of Jesus being tempted in the wilderness
- Understand that, like Jesus, they can resist temptation by knowing and using the Bible
- Recognise the importance of reading and knowing the Bible as the Word of God

BIBLE CONTEXT

In Luke 4, Jesus is led by the Holy Spirit into the wilderness, where He fasts for forty days. During this time, the devil tempts Jesus three times, trying to twist God's truth and lead Jesus away from God's plan. Each time, Jesus responds by quoting Scripture, showing that God's Word is truth and authority. Jesus does not argue or rely on His own strength, He uses God's Word. This story shows that Scripture is powerful, trustworthy and essential for standing firm against temptation.

SERIES MEMORY VERSE

Ephesians 6:11 (NIV) "Put on the full armour of God, so that you can take your stand against the devil's schemes."

Pages 2-4 have a variety of different activities to add onto the Link Crew Video!

Make this toolbox your own! Use it in whatever way helps your group dive deeper into the lesson. The goal is deep understanding and great discussions.

Page Number	Name	Activity Description
2	Discussion Guide	Discussions guides, application "Faith in Action" statements and prayer pointers to help facilitate a greater discussion.
3	Activities Page	Fun, topic based activities like a craft, game, quiz and Memory verse activity that bring the learning to life.

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DISCUSSION GUIDE

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START THE CONVERSATION

"What is more tempting for you to eat: An endless supply of chocolate or an endless supply of your favourite lolly?"

DISCUSSION QUESTIONS, GRADE 3 – 4

1. Jesus was tempted, but He did not sin. He used God's Word to answer every temptation. What does this teach you about the Bible? How can knowing God's Word help you make good choices?

2. The devil tried to trick Jesus by offering Him things that sounded good. Why do temptations sometimes seem appealing? How can remembering what the Bible says help you say no?

3. A sword is used to protect and defend. How can the Bible protect your heart and mind when you feel pressured to do the wrong thing?

DISCUSSION QUESTIONS, GRADE 5 – 6

1. Jesus used Scripture correctly, while the devil tried to twist it. Why is it important to know God's Word for yourself? How can knowing the Bible accurately help you recognise lies?

2. Jesus did not rely on feelings or opinions, He relied on God's Word. How does this challenge the way you respond to temptation today? What Scriptures could help you in tough moments?

3. The Sword of the Spirit is the only piece of armour that is a weapon. Why do you think Paul was intentional about writing the armour of God in this way? Why do you think God wants us to actively use His Word, not just know it?

FAITH IN ACTION

The Sword of the Spirit reminds us that God's Word is powerful. When we know Scripture and use it, we can stand strong against temptation and choose God's way. Think of one way you can use the Bible this week.

- "I can read my Bible each day."
- "I can memorise a verse that is meaningful to me."
- "I can use Scripture when I feel tempted, nervous or threatened."
- "I can ask God and other wise people in my life to help me understand His Word."

Pray

Go around the class asking your kids if there is anything they would like prayer for. Ask if anyone would like to pray for each other, and give them the opportunity to. If not, then pray for the needs as the teacher / facilitator. Remember to pray for the children to resist temptation and cling to God's word and truth for their life. Pray for them to read their bible every day and apply the new found knowledge to their life.

Take note of any prayer requests to be passed onto your child's support network.

Lesson Wrap-up

Jesus showed us that God's Word is powerful and trustworthy. When we put on the Sword of the Spirit, we choose to know and use the Bible to guide our lives. God's Word helps us stand strong, speak truth and follow Jesus every day.

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ACTIVITIES PAGE

JESUS IS TEMPTED

ACTIVITY - CREATE YOUR ARMOUR OF GOD AVATAR (SERIES ACTIVITY)

Supplies Needed: A3 Paper, Colouring Pens or Pencils

Children will get to create their own Avatar. The children can create themselves through drawing, painting, on the computer or with 3D objects like LEGO or clay. Each week the children will add a suit of armour to their character that reminds them of what they are learning about. This final week is the Sword of the Spirit. Have them add an awesome sword or bible that helps remind them that the sword of the spirit is the word of God.

ALTERNATE ACTIVITY: (Resource attached) Colour in the bookmarks attached.

GAME - DO YOU REMEMBER

Supplies Needed: A list of all the bible stories from the term and the Point from them
Have the children sit in small teams (2-4) people and ask them about some of the bible stories and main takeaways that we have learnt this term. Reinforce with the children that we do not just learn these stories because they are cool but we want to remember them and therefore use their wisdom when we or our friends are facing troubled times.

BIBLE QUIZ

1. True or False: Jesus fasted for 40 days and 40 nights (True)

2. Multiple Choice: Where was Jesus when He was tempted? (a)
   a) In the wilderness
   b) In the market
   c) In a village

3. Short Answer: What did Jesus use to respond to temptation? (God's Word/Scripture).

4. Short Answer: How many times was Jesus tempted? (3)

5. Multiple Choice: What does the Sword of the Spirit represent? (b)
   a) Our strength
   b) God's Word
   c) Our feelings

MEMORY VERSE ACTIVITY: RUN AROUND

Memory Verse: Ephesians 6:11 (NIV) "Put on the full armour of God, so that you can take your stand against the devil's schemes."

Supplies Needed: six pieces of paper with each Armour of God

Have the pieces of paper scattered on the ground facing down. Then have the children find the phrase"belt of truth"and huddle around it. Then another phrase and another and so forth. To give the children a challenge instead of going in order, say, for example, "Find the 3rd armour of God piece" then the children would have to work out that it is shoes of peace and stand around that word.

GAME

You can find a list of small group games at https://lmnetwork.com.au/small-group-games/

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EPNESIANS 6:11


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