LESSON PLAN

NOAH AND THE FLOOD

SERIES: Suit Up - Breastplate of Righteousness
THE POINT: I Live the Right Way when I Live God's Way
BIBLE STORY: Noah and the Flood || Genesis 6:9-22, 7, 8
AGE: Grade 3 - Grade 6

ABOUT THIS LESSON

In Week 2 of the "SUIT UP" series, children focus on the Breastplate of Righteousness. A breastplate protects the heart and vital organs, just like living God's way protects our hearts and choices. Through the story of Noah, children will learn what it means to live righteously, choosing to follow God even when the world around them makes different choices. Noah was not perfect, but he trusted God, walked with God, and found favour with Him. Because Noah listened and obeyed, God used the ark to save him and his family. Children will be encouraged to use the Bible as their guide for making right choices every day.

LEARNING OUTCOMES

By the end of this lesson, students will:

- Learn, understand and retell the story of Noah and the flood
- Understand that, like Noah, they can live righteously by choosing God's way
- Recognise the Bible as their guide for knowing how to live the right way

BIBLE CONTEXT

Genesis 6 describes a world filled with violence and corruption. While many people ignored God, Noah was described as righteous and blameless among the people of his time. Noah walked faithfully with God and followed His instructions completely, even when they did not make sense. God instructed Noah to build an ark to save his family and the animals from the flood. Noah obeyed God exactly, and God protected him. This story shows that righteousness is about trusting God and choosing to live His way.

SERIES MEMORY VERSE

Ephesians 6:11 (NIV) "Put on the full armour of God, so that you can take your stand against the devil's schemes."

Pages 2-5 have a variety of different activities to add onto the Link Crew Video!

Make this toolbox your own! Use it in whatever way helps your group dive deeper into the lesson. The goal is deep understanding and great discussions.

Page Number	Name	Activity Description
2	Discussion Guide	Discussions guides, application "Faith in Action" statements and prayer pointers to help facilitate a greater discussion.
3	Activities Page	Fun, topic based activities like a craft, game, quiz and Memory verse activity that bring the learning to life.

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DISCUSSION GUIDE

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START THE CONVERSATION

"If someone really knows you, they can see all the things that make you special. What is one thing about yourself that makes you — you?"

DISCUSSION QUESTIONS, GRADE 3 - 4

1. Noah lived in a time when people were not following God, but he chose to obey God anyway. When is a time you might need to choose God's way even if others don't?

2. God gave Noah very specific instructions, and Noah followed them carefully. Why do you think listening to God helps us live the right way? How can the Bible help you make good choices?

3. The breastplate protects the heart. Living God's way protects our hearts too. How does choosing what is right help protect your heart, thoughts and actions?

DISCUSSION QUESTIONS, GRADE 5 - 6

1. Noah is called righteous, not because he was perfect, but because he trusted and obeyed God. Why is obedience such an important part of righteousness? How does God's grace help us keep living the right way?

2. The breastplate covers the heart, which represents our choices, motives and character. How does living God's way guard your heart? What kinds of choices can damage or protect your heart?

3. The Bible shows us how God wants us to live. How can reading and understanding Scripture help you recognise right from wrong in everyday situations? How can you make time to read God's word everyday?

FAITH IN ACTION

The Breastplate of Righteousness reminds us that living God's way protects our hearts and helps us stand strong. Think of one way you can live God's way this week.

- "I can choose read the Bible to learn and remind myself the right way to live."
- "I can obey and follow God's instruction even when it's hard."
- "I can follow God's plan even when it is hard and others around me are not."
- "I can ask God to help me do what is right."

Pray

Go around the class asking your kids if there is anything they would like prayer for. Ask if anyone would like to pray for each other, and give them the opportunity to. If not, then pray for the needs as the teacher / facilitator. Remember to pray for the children to live the righteously or better known as God's way. Pray that they will be able to find time in their weeks to read God's work so they know the right way to live.

Take note of any prayer requests to be passed onto your child's support network.

Lesson Wrap-up

Noah lived the right way by trusting God and obeying Him. When we put on the Breastplate of Righteousness, we choose to live God's way, protecting our hearts and standing strong in faith. God honours those who walk with Him in His plan.

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ACTIVITIES PAGE

NOAH AND THE FLOOD

ACTIVITY - CREATE YOUR ARMOUR OF GOD AVATAR (SERIES ACTIVITY)

Supplies Needed: A3 Paper, Colouring Pens or Pencils

Children will get to create their own Avatar. The children can create themselves through drawing, painting, on the computer or with 3D objects like LEGO or clay. Each week the children will add a suit of armour to their character that reminds them of what they are learning about. This week it is the Breastplate of Righteousness. Have them add an awesome chestplate that helps remind them to live the RIGHT way.

ALTERNATE ACTIVITY: (Resource attached) Colour in colouring page attached.

GAME - FILL THE ARK

Supplies Needed: Tape

Tape two 1m by 1m square on the ground (or however big you would need for your group). Divide children into two teams. The goal is to be able to have everyone in your team be inside the square. At least one body part has to be touching the ground (No children on shoulders). Whichever team can complete this first wins. Once completed talk about what it looks like to live righteously and read the bible constantly to help us in living the right way.

BIBLE QUIZ

1. True or False: Noah followed God's instructions exactly. (True)

2. Multiple Choice: Why did God choose Noah? (b)
   a) He was very strong
   b) He was righteous and walked with God
   c) He built boats for a living

3. Short Answer: What did God ask Noah to build? (An ark)

4. Short Answer: How did Noah respond to God's instructions? (He obeyed immediately and faithfully)

5. Multiple Choice: What does the Breastplate of Righteousness help us to do? (a and b)
   a) Live God's way
   b) Be right with God
   c) Build an ark

MEMORY VERSE ACTIVITY: CHARADES MEMORY VERSE

Memory Verse: Ephesians 6:11 (NIV) "Put on the full armour of God, so that you can take your stand against the devil's schemes."

There is two ways of playing this activity:
Choose one child who is able to recite the whole verse and have them act out each word of the verse until all the children guess it together. You can break into groups or play as one big group. The other option is you give each child one or two words to act out and have each of them come up one by one and act out their word/s to the rest of the group. Once all the words have been guessed you can say the whole memory verse together.

GAME

You can find a list of small group games at https://lmnetwork.com.au/small-group-games/

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